1. PPPD, initial event (BPPV), several types of unsuccessful treatments, chronic dizziness, She says the dizziness is constant but in some moments (especially when she focuses) she is ok. High GAD-7, mCTSIB negative
2. Education, Exposure therapy, propose work with psychotherapist, eventually neurologist if medications are needed
3. VVAS or MSQ, not sure about the GAD-7 as I am not a physiotherapist